

OPEN GYM

@ DRHS!



Starting February 2, join us every Saturday for **FREE** physical activity and fun with your family and friends!

Family Time:

| | | | |
|-------------|------------|--------------------|-----------------|
| 11 am—12 pm | Gym Side A | Children 6 & under | Free Play |
| | Gym Side B | Children 7—12 | Organized Games |

We encourage families to get active & participate together during this time.

Teen & Adult Time:

| | | | |
|------------|------------|--------------------|------------|
| 12 pm—2 pm | Gym Side A | Youth 13+ & Adults | Basketball |
| | Gym Side B | Youth 13+ & Adults | Badminton |



All Ages:

| | | | |
|------------|--------------|----------|-----------|
| 11 am—2 pm | School Lobby | All ages | Ping Pong |
|------------|--------------|----------|-----------|

*Children under 12 must be accompanied by an adult.
Indoor shoes must be worn in the gym.*



A PARTNERSHIP OF:



For more information on this program, please contact

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OR

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